

THE D1 EXPERIENCE – LACROSSE

Saturday, December 12

FREE EVENT!

POWERED BY:



Free Coaches & Players Clinic

**Pat Kennedy
Jarred Bowman**

11AM – NOON

D1 coaches will be providing FREE TRAINING to lacrosse athletes (ages 7-18). This will be a great opportunity to learn what it takes to train like a Division I lacrosse athlete!

- **Experience D1's Sports Training philosophy!**
- **Learn how to become faster, stronger and more agile!**
- **6 training sessions – limited to the first 180 pre-registered athletes!**

For a complete training schedule and to pre-register for the event , visit D1SportsTraining.com/Cincinnati

D1 Cincinnati - 500 E-Business Way – Cincinnati, OH 45241